

“God-Remembering”

Listening Prayer Exercise



“The central thing about the kingdom of Jesus Christ is a personal relationship to Himself, not public usefulness to men.” – Oswald Chambers

This tool is useful for self-reflection, but it is even more powerful when shared with a close friend or spouse or community who can listen with you. Use this tool also as a template for ministering to others. In any case, quietness and listening to the voice of God is the goal.

ENTER IN:

Prayer: *“God, I chose to enter into your rest. I ask for your words to ring clearly through my thoughts, and pierce through the messages of the world and of the evil one. I ask for your protection as I seek you now.”*

Hebrews 4:10 for anyone who enters God's rest also rests from their works, just as God did from his.

QUIET
YOURSELF:

Prayer: *“God I open myself too your words and work in my life”*

Ecclesiastes 5:2 For God is in heaven, and you on earth; Therefore let your words be few.

In a posture of listening to God, reflect over the following questions in the following foundational areas of your life. Write down what you hear from God.



AM I PROVIDED FOR?

Prayer: *“God, who and what have I falsely believed sustains and provides for me and those I love?”*

Prayer: *“God, how are you providing for me?”*

“...for all that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all. Both riches and honor come from you, and you rule over all.” – 1 Chronicles 29:11



AM I PROTECTED?

Prayer: *“God, Who and what have I falsely believed protects me?”*

Prayer: *“God, how are you protecting me?”*

“The Lord is my rock and my fortress and my deliverer. My God, my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.” - Psalm 18:2



DO I HAVE WORTH?

Prayer: *“God, who and what have I falsely believed gives me worth?”*

Prayer: *“God, do I have worth?”*

“The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs - heirs of God and fellow heirs with Christ.” - Romans 8:16



WHAT IS MY PURPOSE?

Prayer: *“God, Who and what have I falsely believed gives me purpose?”*

Prayer: *“God, I relinquish my purposes the purposes you already have”*

“..but let him who boasts boast of this: that he understands and knows Me...”
- Jeremiah 9:23-24



IS THERE PEACE IN MY RELATIONSHIPS?

Prayer: *“God, is there anything hindering your peace in my relationships with You and others?”*

Prayer: *“God, I release to you that which is blocking the flow of peace in my relationships”*

“If possible, so far as it depends on you, live peaceably with all.” - Romans 12:18

CLEANSING
PRAYER

“God, I confess the lies I have believed. I submit to what you have revealed. I resist the Devil, and send the lies I have believed to the cross to be washed away by your blood.”

James 4:7 Submit yourselves, then, to God. Resist the devil, and he will flee from you.

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PRAISE &
THANKS

End in praise, worship, and thanksgiving, remembering the things he has done and asking him to walk with you.

