



1. How do you see that there is a difference between trying to live *for* God, and living life *with* God?
2. If Spiritual disciplines are not a barometer of spirituality, then what is the true indicator of spirituality?
3. How have you observed Christians living the “check list” life, rather than the “with God” life?
4. Please comment on the quote by James Bryan Smith: “The spiritual disciplines are wisdom, not righteousness. They are wise practices that train and transform our hearts.”
5. How are the spiritual disciplines like training for “the real game” in sports?
6. How does understanding what Jesus did (WDJD) lead to the easy yoke?
7. Please comment on any positive experiences you have had practicing spiritual disciplines. Are there any new ones you would like to try?