



**New Height's Church
"Time"**

Matthew 11:28-30; Matthew 6:25-32; Psalm 103:10-14; Psalm 90:5-6; Psalm 90:12

**January 13th, 2019
Small Group Questions**

Matthew 11:28-30 (2011 NIV)

*²⁸ "Come to me, all you who are weary and burdened, and I will give you rest.
²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."*

Psalm 90:12 (2011 NIV)

*¹² Teach us to number our days,
that we may gain a heart of wisdom.*

Application question: Ask the group if they struggle with being too busy. If so, what are some of the reasons for this?

Application question: Read Matthew 6:25-32 as a group. Why do we struggle with control and trust when it comes to God's provision for us? Give examples.

Application question: Read Psalm 103:10-14 as a group. Focus on v.14. Do we think too highly of ourselves and does that lead to perfectionism? Give examples.

Application question: Read Psalm 90:5-6;12 and Matthew 6:25-34. It seems like each day is really important to God. Do you think we lose sight of this? If so, how?

Application question: As a group Take ten minutes and do a time audit. Ask yourself the question: Am I numbering my days well? If so, how? If not, what can you better?



NewHeights

LOVE GOD PASSIONATELY // LOVE PEOPLE TANGIBLY
